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| Meals are now delivered<br>Mon., Wed. & Friday.<br>No delivery Mon. May 31<br>Upon request an<br>additional frozen meal will<br>be sent for the next day.   |    | <b>JUNE<br/>2021</b><br><br><b>Note WCI closed<br/>Monday JULY 5<br/>In observation of 4th of July</b>  | At this time, due to COVID 19<br>meals are being<br>delivered by the<br>wonderful staff from<br>Central Community Transit<br>(CCT)   | <b>To Order:</b><br><br><b>Call 235-5310 ext 219</b><br><b><u>Cost per meal is \$6.81</u></b><br>Meal comes with 8oz low fat<br>milk. For those who cannot<br>have milk, juice can be substituted. |
| <b>Monday, May 31</b><br><b>WCI is closed today</b><br><b>BBQ Chicken Breast Dinner</b><br><b>delivered on May 28</b><br>au gratin potatoes includes fruit, dessert,<br>Bread and Milk<br><b>Memorial Day Holiday</b> | <b>Tuesday, June 1</b><br><b>Tatortot Hotdish frozen dinner</b><br><br><b>Delivered with May 28</b><br>includes fruit, dessert, bread & milk   | <b>Wednesday, June 2</b><br>Pork chop in gravy<br>Seasoned red potatoes<br>Honey glazed carrots<br>Mandarin Cake<br>Bread and Milk  | <b>Thursday, June 3</b><br><b>Chicken Tenders, scalloped<br/>potatoes, vegetable frozen dinner</b><br><br><b>Delivered with Wednesday's Meal</b><br>includes fruit, dessert, bread & milk  | <b>Friday, June 4</b><br>Beef and Bean Enchilada<br>Corn<br>Lettuce salad/ranch<br>Fresh fruit cup<br>Bread and Milk   |
| <b>Monday, June 7</b><br>Chicken Kiev<br>Rice Blend<br>Broccoli with Cheese sauce<br>Raspberry flavored applesauce<br>Bread and Milk  | <b>Tuesday, June 8</b><br><b>Roast beef, mashed potatoes,<br/>br. Gravy, corn frozen dinner</b><br><br><b>Delivered with Monday's Meal</b><br>includes fruit, dessert, bread & milk              | <b>Wednesday, June 9</b><br>Chicken Pasta Salad<br>Mandarin Oranges<br>Cranberry Juice/string cheese<br>Frosted Cake<br>Dinner Roll and milk  | <b>Thursday, June 10</b><br><b>Meatloaf Frozen dinner</b><br><br><b>Delivered with Wednesday's Meal</b><br>includes fruit, dessert, bread & milk   | <b>Friday, June 11</b><br>Egg Salad Croissant<br>Creamy Cucumber Salad<br>Fresh fruit cup<br>Tomato Juice<br>Bread and Milk  |
| <b>Monday, June 14</b><br>Buffet Ham<br>Sweet Potatoes<br>Green Bean Casserole<br>Pineapple tidbits<br>Bread and Milk   | <b>Tuesday, June 15</b><br><b>Beef Stroganoff<br/>vegetable frozen dinner</b><br><br><b>Delivered with Monday's Meal</b><br>includes fruit, dessert, bread & milk                                | <b>Wednesday, June 16</b><br>Swedish Meatballs<br>Mashed Potatoes/brown gravy<br>Diced Beets<br>Strawberry Shortcake<br>Bread and Milk  | <b>Thursday, June 17</b><br><b>Delivered with Wednesday's Meal</b><br><b>Cold dinner - Turkey Croissant<br/>Side of Potato Salad<br/>Fresh Fruit cup/tomato juice<br/>Home made cookie</b> | <b>Friday, June 18</b><br>1cup Chicken Fettuccini Alfredo<br>Peas<br>Fruit Cocktail<br>Sherbet<br>Pull apart roll/margarine  |
| <b>Monday, June 21</b><br>Swiss Steak in Stewed Tomatoes<br>Mashed potatoes-brown gravy<br>Cauliflower in cheese sauce<br>Jell-O with fruit<br>Bread and Milk   | <b>Tuesday, June 22</b><br><b>Chicken Wild rice hot dish<br/>frozen dinner</b><br><br><b>Delivered with Monday's Meal</b><br>includes fruit, dessert, bread & milk                               | <b>Wednesday, June 23</b><br>Baked Fish-Tartar sauce<br>Cheesy hash browns<br>Pea Salad<br>Banana Cream Dessert<br>Bread and Milk   | <b>Thursday, June 24</b><br><b>Lasagna frozen dinner</b><br><br><b>Delivered with Wednesday's Meal</b><br>includes fruit, dessert, bread & milk  | <b>Friday, June 25</b><br>BBQ Pork on a Bun<br>Side of pickles/ketchup/mustard<br>Baked Beans<br>Coleslaw<br>Homemade Bar  |
| <b>Monday, June 28</b><br>Chicken Parmesan<br>Linguini with Marinara<br>Mixed Vegetables<br>Pineapple tidbits<br>Bread and Milk   | <b>Tuesday, June 29</b><br><b>Swedish Meatballs, mashed<br/>potatoes, gravy, vegetable<br/>frozen dinner</b><br><br><b>Delivered with Monday's Meal</b><br>includes fruit, dessert, bread & milk | <b>Wednesday, June 30</b><br>Chef Salad-includes lettuce/egg/ham<br>turkey/shredded cheese/tomato<br>shredded carrots-Western dressing<br>Dinner roll/butter<br>Pear sauce/Ginger Cookie/Milk | <b>Thursday, July 1</b><br><b>Turkey, stuffing, mashed<br/>potatoes/gravy frozen dinner</b><br><br><b>Delivered with Wednesday's Meal</b><br>includes fruit, dessert, bread & milk         | <b>Friday, July 2</b><br>Beef Stew<br>Biscuit with Honey butter<br>Coleslaw<br>Jell-O with fruit<br>Cranberry Juice/Milk   |