Hot Meals are delivered				To Order:
on Mondays, Wednesdays,		December		Call 235-5310 ext 219
and Fridays		2020		Cost per meal is \$6.81
Upon request, an				Meal comes with 8oz low fat
additional frozen meal will		Happy Holidays!		milk. For those who cannot
be sent for the next day.				have milk, juice can be substituted.
Monday, November 30	Tuesday, December 1	Wednesday, December 2	Thursday, December 3	Friday, December 4
Porkchop with Cream Sauce	BBQ Chicken Frozen Dinner	Boiled Dinner with Ham,	Roast Beef Frozen Dinner	Lemon Pepper Fish
Whole Potatoes	Delivered with Monday's Meal	Cabbage, Potatoes and Carrots	Delivered with Wednesday's Meal	Seasoned Tator tots
Mixed Vegetables	includes fruit, dessert,	Mandarin Oranges	includes fruit, dessert,	Broccoli
Sherbet	bread and milk	Frosted Cake	bread and milk	Peaches
bread and milk		bread and milk		bread and milk
Monday, December 7	Tuesday, December 8	Wednesday, December 9	Thursday, December 10	Friday, December 11
Salisbury Steak in Mushroom Gravy	Beef Rigatoni Frozen Dinner	Sausage/Sauerkraut	Pork Loin Frozen Dinner	Sloppy Joe with
Mashed Potatoes	Delivered with Monday's Meal	(Low sodium Chicken Breast)	Delivered with Wednesday's Meal	Bun and Pickles
Green Beans	includes fruit, dessert,	Whole Potatoes/Diced Beets	includes fruit, dessert,	Baked Beans
Butterscotch pudding	bread and milk	Pistachio Cake	bread and milk	Potato Salad
bread and milk		bread and milk		Christmas Cookies
Monday, December 14	Tuesday, December 15	Wednesday, December 16	Thursday, December 17	Friday, December 18
Teriyaki Chicken Breast	Beef Stroganoff Frozen dinner	Country Fried Steak/Gravy	Salisbury Steak in stewed	BBQ Chicken Breast
Rice Pilaf	Delivered with Monday's Meal	Mashed Potatoes	Tomatoes Frozen dinner	Augratin Potatoes
Oriental Vegetables	includes fruit, dessert,	1/2 c. Corn	Delivered with Wednesday's Meal	1/2 c. Mixed Vegetables
Mandarin Oranges	bread and milk	1/2 c. Diced Peaches	includes fruit, dessert,	1/2 c. Pears
bread and milk		Biscuit with Honey butter/milk	bread and milk	bread and milk
Monday, December 21	Tuesday, December 22	Wednesday, December 23	Thursday, December 24	Friday, December 25
Buffet Ham	Cold Turkey Croissant Dinner	Seasoned Pork Chop	Chicken Alfredo Frozen Dinner	WCI is closed today
Sweet Potatoes	Delivered with Monday's Meal	Red Potatoes	Delivered with Wednesday's Meal	Swedish Meatball Frozen Dinner
Green Bean Casserole	includes side, fruit, dessert,	Honey Glazed carrots	includes fruit, dessert,	delivered on Dec. 23
Pineapple Tidbits	and milk	Christmas Cupcake	bread and milk	includes fruit, dessert,
bread and milk		bread and milk		bread and milk
Monday, December 28	Tuesday, December 29	Wednesday, December 30	Thursday, December 31	Friday, January 1
Chicken Kiev	Roast Beef Frozen Dinner	Turkey/Gravy	Hamballs in Tomato Sauce Frozen	WCI is closed today
Rice Blend	Delivered with Monday's Meal	Mashed Potatoes/Dressing	Dinner	Tatortot Hotdish Frozen Dinner
Broccoli with Cheese Sauce	includes side, fruit, dessert,	Peas and Carrots	Delivered with Wednesday's Meal	delivered on Dec. 30
Raspberry Flavored Applesauce	and milk	Pudding Parfait	includes fruit, dessert,	includes fruit, dessert,
bread and milk		bread and milk	bread and milk	bread and milk